



# REP Coaches Meeting Notes

Monday September 21 2009  
RIM Park, Room 209  
7:00 PM – 9:00 PM

## PARTICIPANTS

Bruce Scanlan                      Chairperson

Steve Gadbois

Mark Garnett \*

Marc LaCoste

Jocelyn Mennill

Willie Smith                      Coach Mentor

Eric Stewart                      Coach Mentor

U9 Boys Red    Tim Bergelt  
U10 Boys        Patrick Carty  
U11 Boys A      Steve Dossen  
U11 Boys B      Scott Shepherd  
U12 Boys        Bernie Hoogendam  
U12 Boys B      Randy Ryan  
U12 Boys B      Sebastian Niemiec  
U12 Girls A      Mike Yuhasz  
U12 Girls A      Enda Dunne  
U12 Girls B      Tony Maruna  
U13 Boys A      Gianni Salvador  
U13 Boys A      Paul Salazar  
U13 Girls A      Peter Mackie  
U13 Girls B      Laura Tunstall  
U13 Boys C      Jim Papadopoulos  
U13 Boys A      Paul Salazar  
U13 Boys B      Paul Wallace  
U13 Boys B      Donald Miller (Manager)  
U13 Boys C      Peter Deadman  
U14 Boys A      Leonardo Injoza  
U14 Boys B      Nelson McCrossan  
U14 Girls A      Mark Garnett\*  
U14 Girls B      Kevin Hood  
U15 Boys A      Steven Bacso  
U15 Boys B      Gabriel Almada  
U15 Boys B      Steve Dick  
U15 Girls A      Roy Paiva  
U16 Boys A      Colin Foy  
U16 Girls B      Tim Jewell  
U16 Boys B      Robert Anagnostopoulos  
U17 Girls        John Rowe  
U17 Boys        Roman Teska  
U18 Girls        Jamie Pipe

Activity		Action
1	Welcome	<p>2010 Coaches are welcomed.</p> <p>REP Committee Members are introduced.</p> <p>Steve Gadbois      RC Chairperson, Board of Directors Member, Liaison for RC</p> <p>Mark Garnett      RC Member, Board of Directors Member</p> <p>Marc LaCoste      RC Member</p> <p>Bruce Scanlan      RC Member, REP Coaches Meeting Chairperson</p> <p>Jocelyn Mennill    RC Member</p> <p>Eric Stewart      WMSC Coach Mentor, RC Member</p> <p>Willie Smith      WMSC Coach Mentor, RC Member</p> <p>Peter Mackie      WMSC Coach Mentor</p> <p>Shawn Solomon     WMSC Coach Mentor</p>
2	Attendance	<p>REP Coaches are requested to sign attendance sheet upon entrance at all REP Coaches Meetings.</p> <p>REP Coaches are asked to provide email addresses for 2010 REP Coaches email list.</p> <p>If you are not on the 2010 REP Head Coaches email list, for inclusion please contact <a href="mailto:jocelynmennill@rogers.com">jocelynmennill@rogers.com</a>.</p>
3	Indoor Training	<p>Two draft field booking pages are presented. Coaches are reminded of importance of confidentiality re fields to ensure WMSC uses the field times to which it is entitled.</p> <p>Teams will receive 1.5 hours weekly on Sundays between noon and 6 PM. U13<sup>-</sup> practise at Bechtel and U14<sup>+</sup> practise at RIM.</p> <p>A and B Teams are together as A Coaches complete their selection process. Not all Teams are included as not all Coaches are assigned yet.</p> <p>Coaches are reminded to use booked field space or field time will be reduced. As of 2010 Jan 20, either 1/3 or 2/3 of field will be available for a Team.</p> <p><b>NEW: GYM BOOKINGS</b></p> <p>Gym bookings may be arranged independently through the WMSC Office. Please contact Barb Frankland at <a href="mailto:registrar@waterloominorsoccer.com">registrar@waterloominorsoccer.com</a>. Provide dates required, night(s) of the week time from xx to xx. There is no fee to book the gym however, a fee will be charged to your Team if you do not cancel with the Board of Education at least 24 hours in advance of your gym booking as per booking contract. The cancellation telephone number will appear on your booking contract.</p>

4	Waterloo ThinkFirst Concussion Workshop	<p><b>Waterloo ThinkFirst Concussion Workshop</b>, in part organized by Past President Paul Van Damme, is to be held at RIM October 31 from 9 AM to 1 PM. Registration can be completed online. Participation is \$20.00.</p>  <p>The flyer for the Waterloo ThinkFirst Concussion Workshop features a grey header with the title. Below it, the text reads: "A Sports Community Education Event. Join us and hear from experts who can share the latest information on concussion recognition, prevention, and return to sport strategies." The event is scheduled for Saturday, October 31st, 2009, at RIM Park, 2001 University Ave East, Waterloo, in the Forbes Room from 9 AM to 1 PM, with a cost of \$20 per person. Registration is available at www.concussionworkshop.ca. Three small images show children playing soccer, a group of people, and a group of athletes. The flyer lists six guest speakers: Dr. Charles Tator (Neurosurgeon, Toronto Western Hospital), Dr. Taufik Valiante (Neurosurgeon, Toronto Western Hospital), Dr. Edward Kachur (Neurosurgeon, Hamilton General Hospital), Mr. Bob McKenzie (Sports Journalist and Sports Newscaster, TSN), Dr. Paul Echlin (Sports Medicine Specialist, Hockey Coach), and Mr. Mark Moore (Former Professional Hockey Player). An Athletes Panel is also mentioned. The website URL www.concussionworkshop.ca is at the bottom.</p>
5	Indoor Leagues	<p>WMSC encourages every REP Coach to strive to develop Players and the Team on an ongoing basis in order to be as competitive as possible. To this end, winter offers the perfect opportunity to develop Players through participation in an indoor league where 100% focus is on development as opposed to winning. Further, participation of WMSC Teams in winter leagues will heighten visibility and reputation of both Players and the Club.</p>

	<p>...Indoor Leagues</p>	<p><b>NOTE: REGISTRATION IS OFTEN DUE EARLY OCTOBER. Prepare ASAP.</b></p> <ol style="list-style-type: none"> <li>1 Select a League. Ensure league is sanctioned by OSA. Consider distance and dates, times, play options, other teams in league.</li> <li>2 Register. Monies will be required.</li> <li>3 Create a schedule. Email to all Parents asking them to let you know dates when they will not participate. Then, create your schedule. Players trade independent of you. Ensure, however, that you have a Goalie with the 12 or 13 Players per game.</li> </ol> <p><b>OISL</b> – 7601 Martin Grove Road, Vaughan. 14 games, Rates are high.  <a href="http://www.oisl.com/">http://www.oisl.com/</a></p> <p><b>The Hangar Park Sports Center</b> - Downsview 6v6, v7. Distance may be a factor. <a href="http://www.downsviewpark.ca/eng/youth_soccer.shtml">http://www.downsviewpark.ca/eng/youth_soccer.shtml</a></p> <p><b>Mississauga Hershey Centre</b> – 5500 Rose Cherry Place, Mississauga (Huronario Street).  <a href="http://www.hersheycentre.com/SZ%20League%20Information.html">http://www.hersheycentre.com/SZ%20League%20Information.html</a>  6v6 and 9v9 (Play across the field) leagues – get 20 games and at least 2 end of league games. If you are a reasonably strong A Team, play a year up at the Hershey as you get select teams, and other levels. Bring B Team Players from age group. Divide up the cost.</p> <p><b>Soccer World PoisonPier</b> (Formerly The Docks) 176 cherry Street, Toronto  <a href="http://www.soccerworldcentral.ca/">http://www.soccerworldcentral.ca/</a> and  <a href="http://ezleagues.ezfacility.com/leagues/56886/Sunday-Toronto-Rush-Youth-House-League-(Under8-14).aspx">http://ezleagues.ezfacility.com/leagues/56886/Sunday-Toronto-Rush-Youth-House-League-(Under8-14).aspx</a></p> <p>Contact Mark Garnett for further information.</p>
<p>6</p>	<p>REP Tryouts</p>	<p>All REP Tryouts Saturday September 26 – Sunday September 27 2009 at RIM Fields 1-4. Visit <a href="http://www.waterloominorsoccer.com">www.waterloominorsoccer.com</a> for schedule.</p> <p><b>2 Exceptions</b></p> <p>Sat Oct 3    RIM 1 - 1:00-3:00 - U17 Boys                    RIM 4 - 2:00-4:00 - U14 Girls</p> <p>Sun Oct 4    RIM 1 - 1:00-3:00 - U17 Boys                    RIM 4 - 10:00-12:00 - U14 Girl</p> <p>Those who have volunteered to help at the fields are thanked. Volunteers are still required, especially for 8 AM set-ups. Please contact <a href="mailto:jocelynmennill@rogers.com">jocelynmennill@rogers.com</a> to offer your assistance.</p> <p><b>Friday September 25 6 PM Firm:</b> Coach Mentor Eric Stewart will run a walk-through for coaches at the fields Friday 6 PM. As per earlier email, all Coaches run their own tryouts. As a cost-saving measure, Elite will not be involved this year.</p>

	<p>...REP Tryouts</p>	<p>The goal is to have functional tryouts where each Player is involved in high and low pressure activity such as 3 on 3 and 5 on 5 so a Player 's skillset is visible.</p> <p>There will be 4 nets per field, a Coach Mentor on each field. All Coaches need to be there to help during the tryouts. Also expect 1 tent per field, washrooms, GatorAid, fields cut and lined. Players will register at their field tent, get a pinnie and get a number on their leg.</p> <p><b>To release a Player at Tryouts</b>  A Coach must make sure the B Team Coach agrees to release the Player. B Team Coach might consider the Player for B Team.  Avoid releasing a Player twice.  Head Coach speaks directly with Player and if younger Player, with Parent, quietly and subtly.  You may release Player while a game is running.  Released Player may want to stay until end of tryouts.  Do not email Players but speak directly to them.</p> <ul style="list-style-type: none"> <li>• Advise Player on what to improve upon.</li> <li>• Be positive and constructive.</li> <li>• Thank the Player.</li> <li>• Suggest other areas within the club that the Player may wish to participate.</li> </ul> <p><b>What to say to Parents</b>  Set expectations from the start.  Offer general information regarding fees, winter league, and tournaments.  You may wish to consult 2009 Coach and Manager to obtain helpful details such as budget details.</p> <p><b>Do we have a list of all Teams?</b>  A list of all Teams will be shared once Tryouts are over.  Numbers will dictate if there are C Teams. B Team releases to A Team.</p> <p><b>A and B Team Cut-offs Dates</b>  To be announced.</p> <p><b>Field Time</b>  After this weekend, outdoor field time? Club block books RIM and Bechtel on Sept 30. What is left over is released to REP. so until Oct 18, availability is sporadic. The club must use indoor first. The City outdoor field nets removed mid October. 3 artificial fields are not booked yet and can be considered once indoor time is all booked.</p> <p><b>Assistant Coaches and Team Managers</b>  Players need to make the Team on their own merit, <b>not</b> because you would like their Parents as an Assistant Coach or Manager.</p>
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7	Leagues	<p>SWRSL AGM 2009 Nov 14  LDYSL AGM 2009 Nov 14  WOYSL AGM 2009 Dec 15 – proposed placements on WOYSL website  OYSL  OWSL</p> <p>If you want to go to another league, inform the League and provide details to support request.</p> <p>SWRSL Shannon Klassen  WOYSL John Rowe.  LDYSL Steve Gadbois and Marc LaCoste</p> <p>CC <a href="mailto:jocelynmennill@rogers.com">jocelynmennill@rogers.com</a> for RC records.</p>
8	Goalkeeper Training	<p>2009 session were free so Coach and Player commitment was average. 2010 - would like to bring back goalkeeper training over the winter season.</p> <p>It is suggested that the sessions be held on varying nights to maximize participation and conflict with other commitments if only offered on same night. Is is suggested to stagger time zones as well.</p> <p>Parents will be charged this time to ensure commitment.</p> <p>There is an OSA Goalkeeper training course for Coaches held in May.</p> <p>Marc LaCoste will accept questions and suggestions.</p>
9	Coach Mentors	<p>The Board of Directors has approved a Coach Mentor Program which features a 7-year program aimed at improving the skills of our Players.</p> <p>Over the past 4 months, WMSC Coach Mentors have observed practices and games, and had email input.</p> <p>8-10 Boys and Girls Indoor/Outdoor Willie Smith  11-12 Boys and Girls Indoor/Outdoor Shawn Solomon  13 -14 Boys and Girls Indoor/Outdoor Eric Stewart, Mark Garnett</p> <p><b>Fridays 6-9 PM RIM Skills session</b>  Sessions are open to All-Star, House League, REP, are strongly recommended and may need to broken down into skill-appropriate groups. Sessions will include Team concept, team play, pressure plays, etc. If a Player is not able to pay, please notify Executive Director Barry Nye.</p> <p>Coaches are welcome to attend with a view to assisting and/or observing skills and drills, etc.</p> <p>Coach mentoring group will get together regularly to discuss and ensure vision.</p> <p>Players need to make the Team on their own merit, not because you would</p>

	... Coach Mentors	<p>like their Parents as an Assistant Coach or Manager.</p> <p>Anyone on the field is a <b>helper</b>, not an Assistant Coach or a Manager at this point as this would be unfair until the actual selection process has been completed.</p> <p>The REP Program hopes to recover more time Wed and Thurs from Bechtel.</p>																																								
10	Player Books	<p>Give Player books to the Players now. If Players lose their book, Players are to replace them and cover the replacement fee.</p>																																								
11	Upcoming Meetings	<p><b>2010 REP Coaches Meeting Dates</b></p> <table> <tr><td>1</td><td>Mon</td><td>Sep 21</td><td>2009</td><td>7 – 9 PM</td></tr> <tr><td>2</td><td>Tues</td><td>Oct 20</td><td>2009</td><td>7 – 9 PM</td></tr> <tr><td>3</td><td>Mon</td><td>Nov 16</td><td>2009</td><td>7 – 9 PM</td></tr> <tr><td>4</td><td>Tues</td><td>Dec 15</td><td>2009</td><td>7 – 9 PM</td></tr> <tr><td>5</td><td>Mon</td><td>Jan 11</td><td>2010</td><td>7 – 9 PM</td></tr> <tr><td>6</td><td>Tues</td><td>Feb 9</td><td>2010</td><td>7 – 9 PM</td></tr> <tr><td>7</td><td>Mon</td><td>Mar 8</td><td>2010</td><td>7 – 9 PM</td></tr> <tr><td>8</td><td>Tues</td><td>Apr 6</td><td>2010</td><td>7 – 9 PM</td></tr> </table> <p>The RC will identify those that are mandatory. Assistant coaches and Managers are welcome to participate. Please send agenda items 7 days in advance of a meeting.</p> <p>Tomorrow night is special General meeting – you, your children and your Players come and vote for them. Steve Gadbois will respond to questions. Need quorum. If not done tomorrow,</p> <p>Fitness Trainer Laura Boyd would like more direction from RC Coach Mentors to get clear idea of what to do. Coaches are welcome to contact Laura independently for their Teams. <a href="mailto:Wms.fitness@gmail.com">Wms.fitness@gmail.com</a></p> <p>Fitness Trainer Doug Pflug has other tasks so not able to work with WMSC now.</p> <p>Contact Willie Smith to borrow a DVD that features soccer-specific fitness progression without then with the ball.</p>	1	Mon	Sep 21	2009	7 – 9 PM	2	Tues	Oct 20	2009	7 – 9 PM	3	Mon	Nov 16	2009	7 – 9 PM	4	Tues	Dec 15	2009	7 – 9 PM	5	Mon	Jan 11	2010	7 – 9 PM	6	Tues	Feb 9	2010	7 – 9 PM	7	Mon	Mar 8	2010	7 – 9 PM	8	Tues	Apr 6	2010	7 – 9 PM
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12	Adjournment	<p>The meeting is adjourned at 8:50 PM.</p>																																								